



**Sound Healing School UK**  
RAISE YOUR VIBRATIONAL WISDOM

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# Sound Healing School UK Ltd.

## Annual Survey 2025

# Welcome & Introduction

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At Sound Healing School UK Ltd. our work is rooted in connection, presence and the belief that sound has the power to awaken, restore and transform.

Each year our graduates join a growing community of people who carry this vibrational wisdom into their homes, workplaces and wider communities.

This publication marks the first of our Annual Surveys.

It offers a moment to pause and listen deeply to the experiences of those who have trained with us.

Our graduates' reflections help us understand what is landing well, what feels meaningful and how we can continue evolving our training with clarity, care and heart.

We are deeply grateful to everyone who contributed their insight with honesty and generosity.

# About the Survey

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**Our 2025 Annual Survey** was created to gather clear insight into how our graduates experienced their training at Sound Healing School UK Ltd.

The survey invited reflections on the learning journey, the teaching environment, the sense of support and the level of personal transformation experienced throughout the course.

Graduates also shared what drew them to the school, how they now plan to use sound healing and what they would like to see evolving in future training.

***Their responses guide the continuous development of our programmes and help us stay aligned with the needs of our community.***

# Key Insights at a Glance

## Overall Satisfaction

Most graduates reported being **very satisfied** with their training

## Recommendation Rate

**100%** of graduates said they would **recommend SHSUK** to others

## Personal Transformation

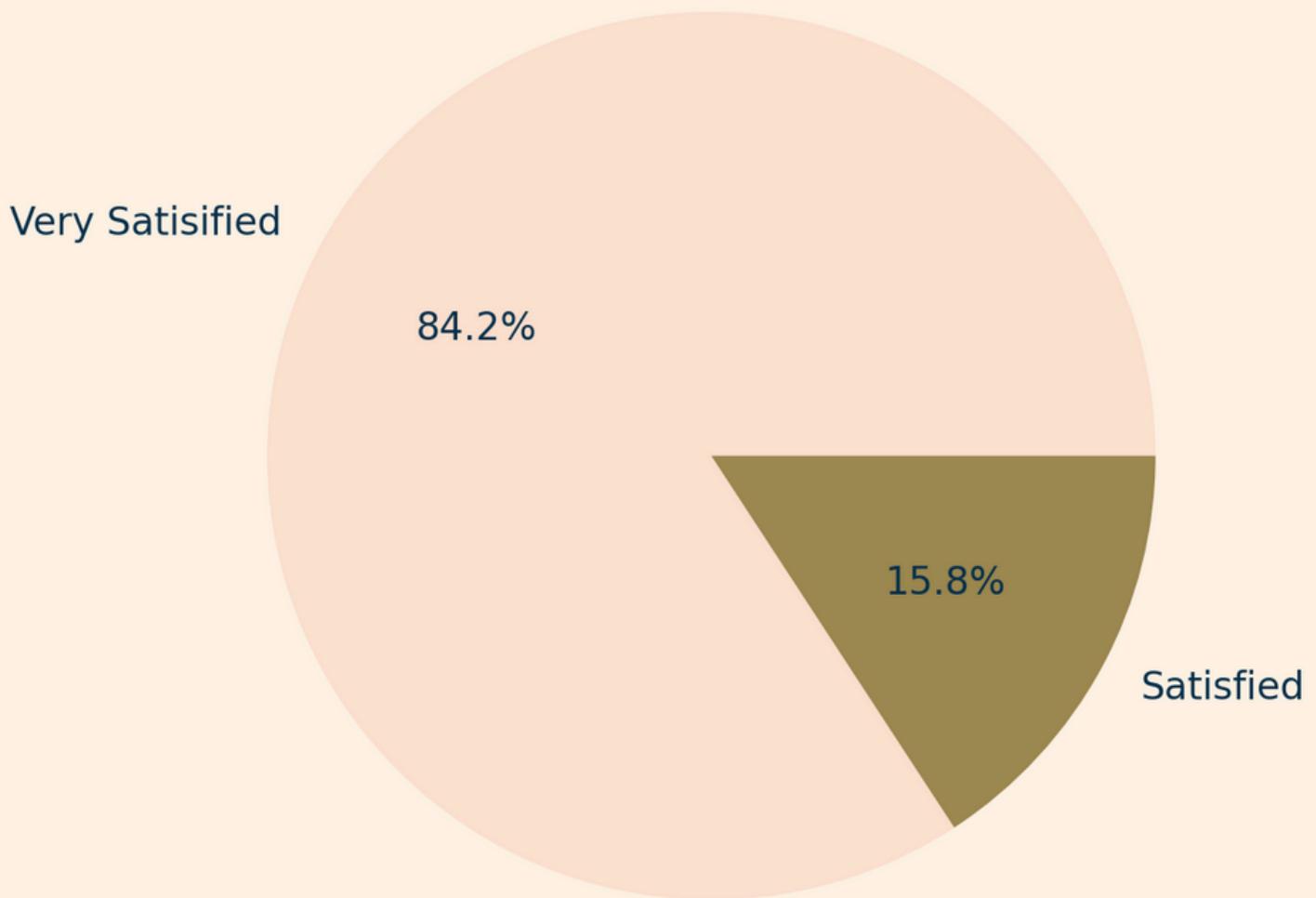
Graduates described **meaningful personal shifts** and **inner transformation**

## Support and Environment

Graduates consistently felt **supported, welcomed and held** throughout their training

# Overall Satisfaction

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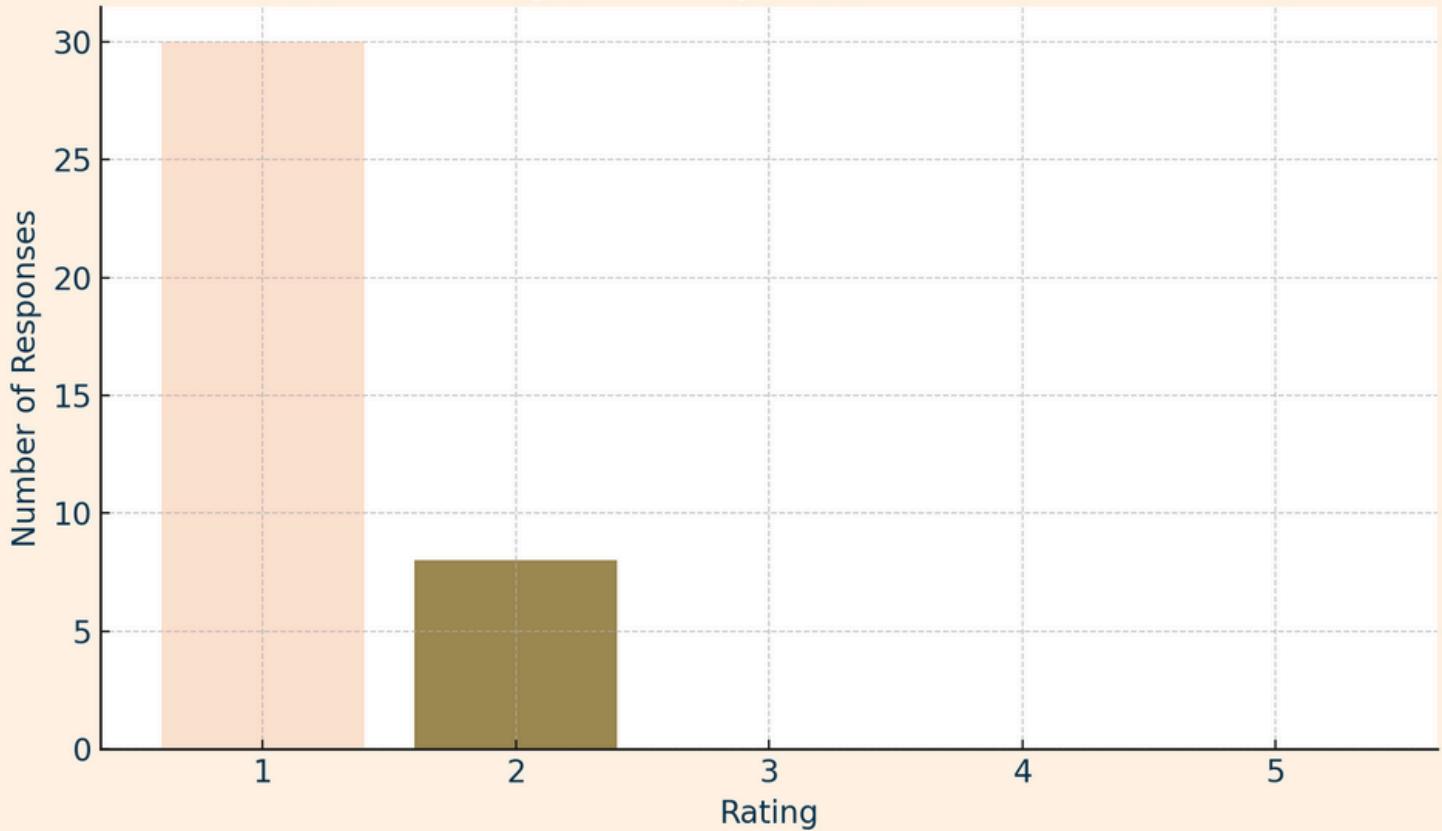


Most graduates reported feeling **very satisfied** with their overall training experience at SHSUK

# Support Rating

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Support Rating (1 = very supported, 5 = not at all)

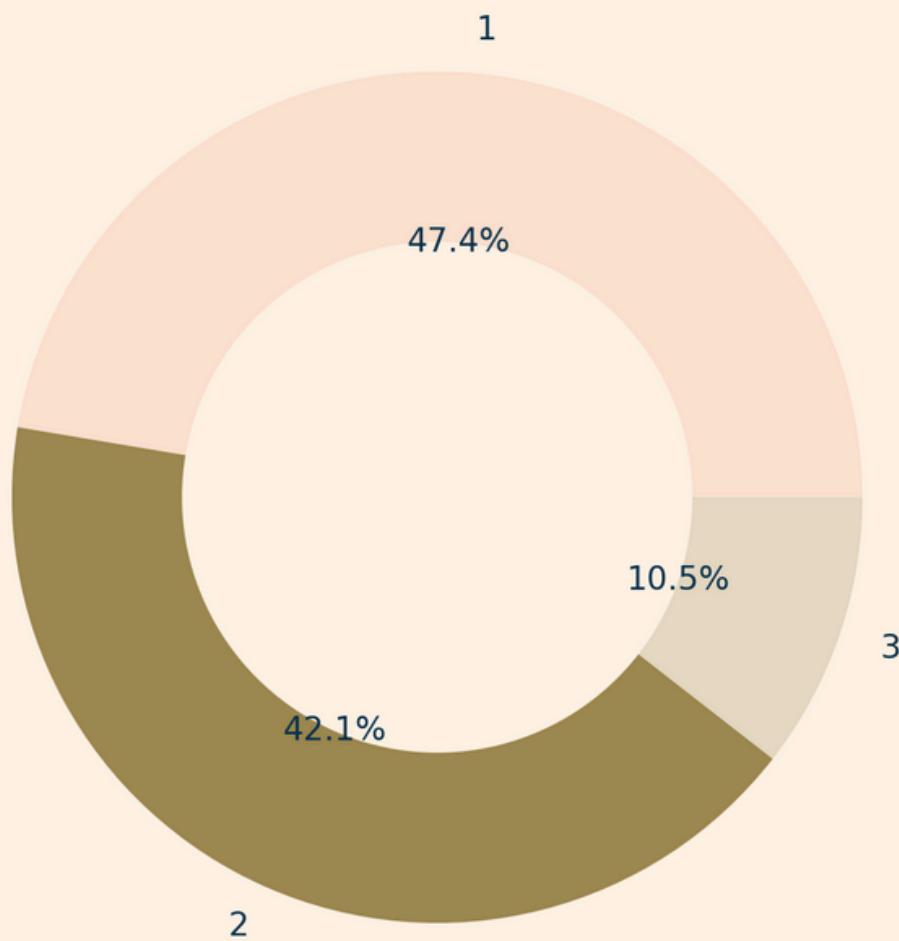


Most graduates reported feeling **deeply supported** throughout their training journey, with the majority selecting the **highest possible rating**.

# Value for Money

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Value for Money (1 = very good, 5 = poor)



Most graduates felt the training offered **excellent value for money**, with almost 90% rating it as very good or good. Nearly half selected the highest rating, reflecting the **depth and richness of the learning experience**.

# Would you recommend SHSUK?

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100%

**would recommend  
SHSUK to others**

**Every graduate said they would recommend SHSUK to others, reflecting the depth of trust and care** experienced during their training

# Transformation and Personal Growth

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Themes emerging from graduates' reflections

## Increased Self-Awareness

Graduates described a **deepening connection** with themselves, **greater clarity** and a stronger sense of **inner alignment**.

## Emotional Release and Healing

Many reflected on moments of **release, softening, and emotional healing** experienced through sound practices.

## Building Confidence

Students spoke about **gaining confidence** in both their personal practice and their ability to **hold space for others**.

## A Sense of Belonging

A **nurturing, supportive atmosphere** was repeatedly mentioned, with graduates feeling **welcomed, understood and held**.

# Reflections in Their Words

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**“This course changed the way I understand myself and the world around me.”**

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“

**“I felt held, supported and truly seen throughout the training.”**

”

“

**“The transformation was deeper than I expected.”**

”



“

**“I found a sense of clarity and connection I didn’t know I was missing.”**

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**“The training helped me grow not just as a practitioner but as a person.”**

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# You Said, We're Responding

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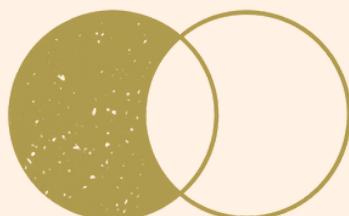
Here is how your feedback is shaping the next steps at SHSUK

You Said	We're Responding
<p><b><i>“More time practising with the instruments would be helpful”</i></b></p>	<p>We are working on adding an extra training day to the Certificate Course to create more space for hands-on practice, integration and confidence-building - at no additional cost.</p>
<p><b><i>“I'd love more opportunities to stay connected after the course finishes”</i></b></p>	<p>We already have a very active WhatsApp group for graduates, although we appreciate it can feel fast-paced. To offer more grounded ways to stay in touch, we are planning an Annual Conference and several social meet-ups in 2026 - beginning with our group outing to the East Forest concert in London this January.</p> <p>We have also launched our first Alumni Newsletter and will be sharing more throughout the year so important updates are not missed.</p>

# You Said, We're Responding

Here is how your feedback is shaping the next steps at SHSUK

You Said	We're Responding
<p><b><i>“I’d welcome more advanced workshops and options to continue my development.</i></b></p> <p><b><i>It would be helpful to have a longer-term development pathway”</i></b></p>	<p>We will continue to expand our training pathways with new courses and workshops - and we are also exploring additional accreditation to support graduates who wish to deepen their practice.</p>
<p><b><i>“Some of the online sessions are difficult to attend due to timing, especially as recordings are not available”</i></b></p>	<p>We understand that not everyone is able to join the online sessions due to work or personal commitments. To support greater accessibility while maintaining the safety and confidentiality of the group, we are reviewing our scheduling and exploring gentle adjustments where possible.</p>

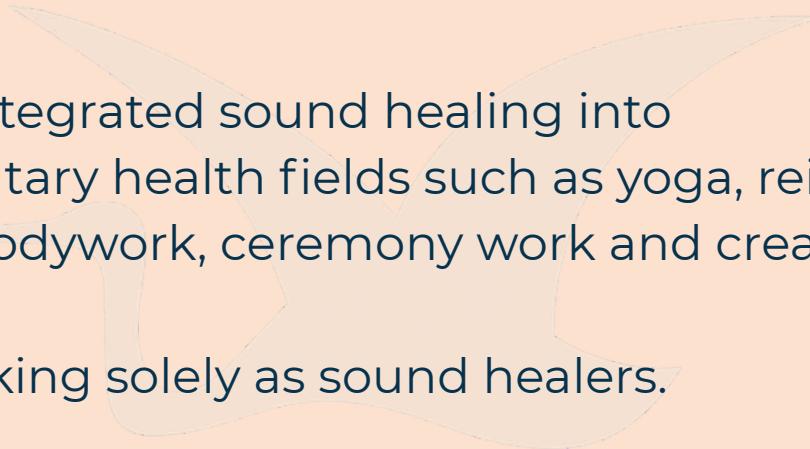


# What Our Graduates Are Doing Now

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Our graduates have moved into a wide range of pathways, with the **majority already using sound healing in meaningful ways**.

**Around 59% have begun offering sound healing - either as their main work or as part of a wider holistic practice.**



44% have integrated sound healing into complementary health fields such as yoga, reiki, coaching, bodywork, ceremony work and creative arts.

15% are working solely as sound healers.

Others have shared that they are **preparing to launch offerings, blending sound with their current work, or using it primarily for their own personal growth and wellbeing**.

*These pathways reflect the depth and flexibility of the training and the many ways sound healing continues to enrich both personal and professional life.*

# Closing Message from CEO & Founder

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As this first **Annual Graduate Survey** comes to a close, I want to share my heartfelt appreciation for the reflections and insights that have emerged. **The feedback gathered is deeply valued - it is helping to shape the next chapter of SHSUK with clarity and intention.**

It has been a privilege to witness the journeys of our graduates - their growth and the ways they are carrying this work into their communities. **The paths that have unfolded continue to inspire the direction and development of the school.**

SHSUK Ltd is evolving and the commitment remains to grow with integrity, depth and care. **In 2026 we will be expanding our offerings with new workshops and courses,** including The Art of Intuition, Voice Activation and will continue with free online sessions for graduates exploring offerings such as cacao ceremonies and sophrology.



# Closing Message from CEO & Founder

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**New Hub locations are opening** in Gloucester and Gibraltar - with potential even further afield - including South Africa! And we are exploring partnerships that will offer additional value and support to both students and graduates.

Also, our **Directory of Accredited Graduate Sound Healers** is growing steadily, creating a trusted space for the public to discover practitioners. This continues to strengthen the community and increase visibility for those offering sound healing professionally.

***The unfolding of this work continues in beautiful and unexpected ways. I look forward to supporting our community as it grows and welcoming those who will join us in the future.***

Thank you for your interest in SHSUK and for being part of this evolving landscape of sound healing.

With love,  
**Becky Barabich**  
CEO and Founder, Sound Healing School UK Ltd.

## **Thank you for exploring the 2025 Annual Graduate Survey from SHSUK Ltd.**

A total number of 38 graduates took part.

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